

Jade Spring Health Center

Testimonials from Our Patients

When I met with my M.D., my lab test results came back with the best results in 20 years. Part of that is directly attributed to the work of Alexis Rotella. After a few months under her care, I'm feeling so much better and people notice it. After my acupuncture session recently, Alexis directed me to go to a mirror and just look at myself. I was taken aback by the person staring at me, so full of serenity, composure and peace. My wife even commented on my appearance when I returned home. – Tom Pearce, Arnold, Md.

I first went to see Alexis a year and a half ago after having been to several holistic medical doctors. I had been suffering from chronic fatigue for about 15 years and while I made some progress, I still was not getting where I wanted to go. I just wanted to feel energetic so I could enjoy my job and play with my kids. Alexis told me not to lose hope, that she would help me if I would agree to do the work. A year later all my hard work paid off. I'm a different person and started to see results within a week. Little by little the real me started to re-emerge. I know how a butterfly feels after having been trapped in its cocoon. But the real treat was I learned how to take care of myself. Alexis Rotella is not just a health care practitioner; she's a fantastic teacher.

– Elliot P., Crownsville, Md.

The medical establishment gave me the diagnosis of “sarcoidosis” and didn't paint a pretty picture. The stress I got from dealing with doctors made me an angry man at work and at home. My muscles tightened up, my breathing was belabored and I was always running to the emergency room. I was not what you'd call your ideal patient and I really didn't have any faith that Quantum Reflex Analysis would work. But I tried it because I was at the end of my rope. Well, my life began to blossom in just a few days. My system calmed down in a day and the hopelessness I felt for so long was gone. I became a compliant, grateful patient and I learned how to deal with stress. I got rid of longstanding parasites and other infections. I'm a new man. Life is great again. – William G., Edgewater, Md.

Thank you for seeing my teenage daughter. I'm so grateful for the gracious way you handled her chronic fatigue. She didn't want to hear that her fingernail and toenail polish was making her sicker. She didn't want to hear that the gook she was smearing in her hair was making her dizzy. She didn't want to hear that body piercings cause interference fields that can block the flow of energy. And last but not least, she didn't want to hear that the junk she was eating was killing her. Thanks to your patience and knowledge, we now have our daughter back. I had to smile the other day when I heard her tell one of her girlfriends to stop painting her fingernails.

– Penny S., Arlington, Va.

My skin was a mess. I felt like my body was a toxic dump. I didn't know what to eat or where to go. I had been to holistic doctors who just gave me vitamins that made me sicker. With the help

of Alexis Rotella, I was able to safely detox and get my energy back. It took very little time for my skin to start clearing up. I've started to see that investing in my health instead of frivolous expenditures was a smart move. If you don't have your health, you're sunk.

– Alice Y., Alexandria, Va.

I know that nutritionists always praise the supplements they sell and when I heard Alexis say that Premier Research Products really work, I thought to myself, "Oh sure. Another line of bull." But after Alexis expertly tested me using Quantum Reflex Analysis, a specialized way of doing kinesiology to determine what glands and organs are out of balance and what supplement they needed to get back on track, I just had a feeling this woman knew what she was talking about. She told me about her own journey and told me that I could be happy and healthy again but it would take commitment on my part. She showed me how to use special clays to detox my body and when I took the supplements my body asked for, and took them as directed, I began to feel better quickly. Alexis has a lot of tools in her toolbox and she knows how and when to use them. I can no longer say "I have chronic fatigue." I have sustained energy that I can count on.

– Betty J., Richmond, Va.

Thank you for helping my daughter who was down and out with depression and fatigue. Not only did you help her body get healthy again, you gave her tools that she can use for the rest of her life to manage stress. My wife and I are so grateful for the tender loving care you gave all of us.

– C. Johnson, Baltimore, Md.

This is an experiment for me – to see what the kids are like after they've had a SCIO/QXCI session. Susan, my daughter, is so much lighter and happier (and easier to be around). Thank you!! – E.S., Washington, D.C.

Doctors told me I'd have to just live with Crohn's disease. When Alexis Rotella analyzed my organ systems with Quantum Reflex Analysis, she found liver flukes and other parasites. After one week on an herbal protocol, I started to feel much better and my digestion and elimination greatly improved. – J.R., Olney, Md.

How could elbow pain go away in just a few minutes? It happened to me in Dr. Rotella's clinic.

– P.M., Gaithersburg, Md.

All my food cravings disappeared as soon as I went on a parasite cleanse. I also lost 10 pounds in one month. Quantum Reflex Analysis is great stuff. I've been on health food store parasite cleanses before but they didn't seem to get to the heart of the matter – killing the eggs.

– S.T., Clarksville, Md.

I felt as though you gave me the most accurate physical analysis I ever experienced. After our first meeting I had an echocardiogram which confirmed what you suspected. They found a heart murmur alluding to a leaky heart valve. Thanks. – L.D., Frederick Md.

I feel brand new inside, like the "crud" was washed away. I look forward to many lymphatic drainage treatments on your ST-8 system. – S.P. Annapolis, Md.

For years, I struggled trying to sleep. I'd wake up every few hours to pee. Now I can sleep through the night and wake feeling like my old self. – T.D., Crofton, Md.

A note from Alexis Rotella:

Many of my patients have been health-care practitioners and most of them have incorporated into their practices much of what they learned here. Part of my mission is to be a catalyst, to be a finger pointing healers in new directions.